Somehow (and we probably will never know exactly how) Jesus precisely "glues" the different atoms together in this molecule in just the right way—in just the right sequence and forming just the right geometry—to create this molecule.

Yet myoglobin isn't very complex as molecules go—hemoglobin, for instance, is four times larger. The largest protein that Jesus wove into the fabric of our bodies is a goliath molecule called *titin*. Titin\* is the protein that makes our muscles elastic or "springy." Its chemical formula is C169,723 H270,464 N45,688

O52,243 S912 ... which means that it contains 169,723 carbon atoms—57 times more than myoglobin!

There are two million different proteins that Jesus has designed and placed in our bodies, each with an elaborate architecture. This fact should powerfully move us to worship Him afresh, "with reverence and awe" (Hebrews12:28)!

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\* Read more about titin online at: http://www.hiscreation.com/node/1008 he drawing on the right is that of a *myoglobin* (MY - oh - glow - bin) molecule. It is a "guidepost" pointing us to the inconceivable wisdom of Christ, our Creator. Myoglobin is a relatively "simple" protein found in muscles—God uses it to store oxygen there.

Incidentally, it is this molecule that makes meat red. When beef is cooked, the iron atom contained in myoglobin is altered slightly, changing the color of meat from red to brown. (The longer a steak is cooked the more the iron of myoglobin is altered and the greater the

effect on the appearance of the meat.)

Myoglobin molecule

26

But it is not cuisine that we are concerned about here. The myoglobin molecule illustrates just how staggeringly wise our Creator is. Molecules are made up of atoms, the smallest components of an element. Each of the colored balls in the picture above represents an atom—hydrogen, carbon, oxygen,

nitrogen and iron.

continued...

Who does great things, unfathomable, And wondrous works without number. (Job 9:10).

